



Toastmasters International (国际演讲会) is a **non-profit (非盈利)** organization that provides a mutually supportive and positive learning environment, in which every member has the opportunity to develop **communication** and **leadership** skills, which in turn foster self-confidence and personal growth.

Toastmasters International now has nearly 260, 000 members in 12, 500 clubs in 113 countries. For more information, please go to <http://www.toastmasters.org> or <http://www.chinastmasters.org>.

Nanjing No.1 Toastmasters Club (南京第一国际英语演讲俱乐部) was chartered in Jan. 2010.

Time	Finding and Taking Opportunities	Dur.	Roles	Role-Takers
18:55	Registration and Socializing	20'	SAA	Black Li (TM)
19:15	Call to Order and Welcome	2'	President	Wenbin Liang (TM)
19:17	Opening Remarks	2'	TME	Jerel Bonner (CC)
	Ah-Counter's procedures	1'	Ah-Counter	Michelle Yang (TM)
	Timing Guidance	1'	Timer	Sophia He (TM)
	Word of the Day	1'	Grammarians	Tina Li (CC)
19:22	Joke Session	2'	Joke Master	Sara Li (TM)
19:24 Prepared Speeches	C4	4'-6'	Speaker 1	Erik Van der Molen(TM)
	Motivational Quote (MQ)	1'-2'	MQ	Sabrina Zhang (TM)
	C2	4'-6'	Speaker 2	Hera He (TM)
	C1	5'-7'	Speaker 3	Luca Lu (TM)
	C10		Speaker 4	William Chaw(TM)
19:56	Timer's report for Prepared Speeches & Voting for "Best Speaker"	1'	Timer	Sophia He (TM)
19:57	Break	5'		
20:02	Table Topics Session (1'-2' each)	15'	TTM	Matthew Wang (CC)
20:17	Timer's report for TT Speakers & Voting for "Best TT Speaker"	1'	Timer	Sophia He(TM)
20:18 Evaluation Session	Introduce the Evaluation Team	1'	GE	Annie Ding(TM)
	Evaluation to Speaker 1	2'-3'	IE 1	Wenbin Liang (TM)
	Evaluation to Speaker 2	2'-3'	IE 2	Lienie Zhang(TM)
	Evaluation to Speaker 3	2'-3'	IE 3	King Lu(TM)
	Evaluation to Speaker 4	2'-3'	IE 4	Katie Zhang(TM)
	Timer's report for IE	1'	Timer	Sophia He(TM)
	Ah-Counter's report	1'	Ah-Counter	Michelle Yang(TM)
	Grammarians's report	3'	Grammarians	Tina Li(TM)
	General Evaluator's report & Voting for "Best Function Role"	5'	GE	Annie Ding(TM)
20:40	Return control to TME	1'	TME	Jerel Bonner(TM)
20:41	Guests' comments (30'' each)	2'	President	Wenbin Liang (TM)
20:43	Awards/Closing Remarks	2'	President	Wenbin Liang (TM)
20:45	Meeting Adjourn			

### Find us online

Website: [www.nanjingtoastmasters.com](http://www.nanjingtoastmasters.com)

Blog: [www.nanjingtmc.blog.sohu.com](http://www.nanjingtmc.blog.sohu.com)

Microblog: <http://weibo.com/1963379305>

Videos: <http://www.tudou.com/home/68376536>

QQ group: 124 797 581

### Speech Objectives

#### P1: Ice Breaker

- To begin speaking before an audience.
- To discover speaking skills you already have and skills that need some attention.

#### P2: Organize Your Speech

- Select an appropriate outline which allows listeners to easily follow and understand your speech.
- Make your message clear, with supporting material directly contributing to that message.
- Use appropriate transitions when moving from one idea to another.
- Create a strong opening and conclusion.

### A Toastmaster's Promise

As a member of Toastmasters International and my club, I promise...

- ◆ To attend club meetings regularly;
- ◆ To prepare all of my speech and leadership projects to the best of my ability, basing them on projects in the Competent Communication manual, Advanced Communication manuals or Competent Leadership manual;
- ◆ To prepare for and fulfill meeting assignments;
- ◆ To provide fellow members with helpful, constructive evaluations;
- ◆ To help the club maintain the positive, friendly environment necessary for all members to learn and grow;
- ◆ To serve my club as an officer when called upon to do so;
- ◆ To treat my fellow club members and our guests with respect and courtesy;
- ◆ To bring guest to club meetings so they can see the benefits Toastmasters membership offers;
- ◆ To adhere to the guidelines and rules for all Toastmasters educational and recognition programs;
- ◆ To maintain honest and highly ethical standards during the conduct of all Toastmasters activities.

### Awards in 76th meeting

Best Speaker: **Clarence Jin**

Best Table Topic Speaker: **Tina Li**

Best Evaluator: **Tina Li**

Best Function Role: **Leinie Zhang**

Timing Rules	Green flag	Yellow flag	Red flag	
	Prepared Speakers & Table Topics Master	Qualified	1' left	
Table Topics Speakers Evaluators & other role-takers	Qualified	30'' left	Stop within 30''	MUST Stop